Non toxic healthcare
reducing risks with safer alternatives

What Are EDCs?

- Endocrine-disrupting chemicals (EDCs)
- A class of chemicals that includes endocrine disruptors
- Known EDCs can be found in many medical devices
- In Denmark, the phthalate groups of plastic are found in EDCs, known as "EDC""s of medical devices"

The health risks linked to EDCs

- Exposure to EDCs has been associated with an increase in the incidence of hormon-related diseases and disorders, and also has ties to some cancers.

Who’s at risk?

The most at risk from the effects of EDCs are often already vulnerable, in terms of health or medical conditions.

Where are EDCs found?

- In healthcare
- In the home

Success stories and alternatives

- Alternatives were initially 2.5–5 times more expensive, but now there is no difference in price, quality, or applicability

For more information on EDC-free medical devices, visit the database www.safemedicaldevices.org
or for more case studies and further reading, visit the IEE report www.norah-europe.org/iee/report

Healthcare Withoutstered is a non-profit coalition of hospitals, healthcare systems, healthcare providers, and researchers, with a vision of bringing together a network of healthcare professionals in the European Union with the ability to reduce health risks associated with EDCs and promote sustainable procurement, production, and disposal, and sustainable food and waste management.

Reference:
Norah Europe IEE Project, “Healthcare Without Stered: A Guide to Endocrine-Disrupting Chemicals (EDCs) and Their Impacts on Health” (2018)